

Happy checklist!

ACTIVITY	WHAT / HOW ?	DONE!
<i>make my bed</i>		<input type="checkbox"/>
<i>have a good breakfast</i>		<input type="checkbox"/>
<i>wear my favourite outfit</i>		<input type="checkbox"/>
<i>guilty pleasure</i>		<input type="checkbox"/>
<i>play my favourite song</i>		<input type="checkbox"/>
<i>go outside</i>		<input type="checkbox"/>
<i>do something I have been putting off too long</i>		<input type="checkbox"/>
<i>treat myself</i>		<input type="checkbox"/>
<i>clean something (up)</i>		<input type="checkbox"/>
<i>smell nice</i>		<input type="checkbox"/>
<i>cook something good</i>		<input type="checkbox"/>
<i>hug someone</i>		<input type="checkbox"/>
<i>drink 6 glasses of water</i>		<input type="checkbox"/>
<i>exercise</i>		<input type="checkbox"/>
<i>celebrate something silly</i>		<input type="checkbox"/>
<i>one hour me - time</i>		<input type="checkbox"/>
<i>discover something new</i>		<input type="checkbox"/>
<i>give a compliment</i>		<input type="checkbox"/>
<i>eat or drink something healthy</i>		<input type="checkbox"/>